

CYO Soccer
Rules and Modifications
(2017)

CYO adheres to the current Official High School Rules published by the National Federation of State High School Associations (Federation) except where it has been modified by CYO of Long Island

Divisional Classification:

Divisional classification in Soccer is based on grade first, then age, as determined by the December 31st cutoff date which occurs by the CYO Program year (September through August). Classification, once determined, is maintained through the program year. Soccer Divisions are individual grade levels 1 to 8(unless modified by CYO) and separate for boys and girls.

A team must enter the Division commensurate with the highest-grade level with any player on the team.

An individual and a team may compete only in one league in any given season.

A parish may enter as many teams in any Divisions as they are able to field. CYO recommends two (2) coaches per team.

Size of the playing field will be based upon availability with the younger grade levels playing on the smallest fields. As the grade level increases, so will the size of the playing field up to the largest field available.

When and if corner flags are available, it is recommended that they be used, but is not a requirement for CYO competition.

The home team is required to supply the game ball.

Grades 1 to 2 use a #3 size ball.
Grades 3 to 6 use a #4 size ball.
Grades 8 use a #5 size ball

Rights of a team captain are not applicable in grades 1 to 5; they are applicable in grades 6 to 8.

Equipment:

Shin guards are required for all players. Athletic supporters and protective cups are recommended for all male players in grades 6 to 8.

Rubber cleats only. Sneakers are not a recommended alternative.

All goalkeepers are required to wear a head protector made of a closed-cell, slow-recovery rubber or other similar material that stay soft in its final form. The head protector shall not have a bill or any other protruding design. It shall not cover the face, other than the forehead and shall be secured by a chinstrap.

Uniforms:

All uniforms must be in keeping with the standards of the sport (IDENTICAL shirts, any shirt under the game shirt MUST be the same color as the game shirt; SHORTS must be the same color and style; Parish name must be displayed on the front of the uniform jersey).

Officials:

One official shall be assigned each game, two officials for playoffs. Grade levels 1 to 2 may be assigned youth officials.

The Game:

Halves are to be 30 minutes in duration. Grades 1 to 2 will be four quarters of 15 minutes each with 2-minute intervals between quarters and a maximum of 6 minutes at a half. Grades 3 to 8 will play 2 equal 30-minute halves with a maximum of 10 minutes between halves. There will be no overtime periods. Teams will exchange ends only at half time.

A maximum of twenty (22) players may be listed on the roster and a minimum of fifteen (15) players on the roster.

Maintain player match up in games for ALL grades (ex. One team has only ten players; the other team must also field ten players and use extra substitutions during the game). Grades 1-2 will have a maximum match up of 9 vs. 9 and may go to a minimum of 7 vs. 7, using only a small field. Grades 3-8 will have a maximum of 11 vs. 11 and may go to a minimum of 8 vs. 8.

Rule Modifications for Grades 1 to 2:

The goalie may carry the ball to the eighteen (18) yard line and kick or throw out from there. Corner kicks are taken from the eighteen- (18) yard line. Goal kicks are taken from the eighteen- (18) yard line. Two (2) attempts are to be allowed for throw-ins and kick-off.

Yellow Cards: Caution for infraction of rules or sportsmanship. Two (2) yellow cards (equals one red card) issued per game will result in the Player/Coach being ejected and the official must notify CYO as soon as possible. Any ejected player/coach will be suspended for the next scheduled contest.

Red Cards: Players/Coaches ejected from the game are suspended for the next scheduled contest and the official will notify CYO as soon as possible.

Two- (2) red cards received in the same season: The CYO Discipline Committee will meet with the Program Coordinator to discuss the severity of the situation and behavioral problem, which could result in suspension from league play.

Any coach receiving one (1) red card will receive a letter of reprimand from CYO detailing reasons thereof and will be suspended for the next scheduled game. The second red card will result in immediate dismissal from all duties pertaining to the team with notification to parish coordinator.

Coaches are not allowed on the field during playing time and are restricted to the midline on their side of the field.

Any team going to the wrong field or arriving at the wrong time is subjected to a forfeit. On Nassau County fields, game time is forfeit time. Communication is a must.

Federation Rule: Both teams will be on the same side of the field. The parents / fans will be on the opposite side of the field.

Grade levels 1 to 2 may substitute regardless of team position by informing the official of intent to substitute.

Grade levels 3 to 8 may substitute only according to soccer Federation rules.

Allowed goalie changes: start of game - half-time – injury

No Sliding Tackles:

- a. Foul if advantage lost- Indirect kick for opponent of violator.
- b. Foul for tripping- Direct kick for opponent of violator.

No Punting and No Heading Rules

1st thru 4th grade we will be instituting the **no punting and no heading rules**. With no heading the referees should call indirect kicks on **intentional** heading. If it's on the defense inside the box the ball should be placed outside the box at least 20 yards away. Unintentional heading should not be called. With the no punting it's important that the referees are firm about this and blows the whistle to stop play. If a goalie punts it's ok to give them the ball back and have them distribute properly. In conjunction with no punting, Goalies will be encouraged to pass out wide to a team mate who then has to collect and turn up field and make a decision. Defensive players should not advance until the wide player touches the ball.

1-No heading-Intentional heading will be an indirect free kick

2-No punting for goalies in 1st thru 4th Grade-blow the whistle and stop play and allow goalie to distribute the ball properly on the ground

3-On goal kicks and goalie possession the opposing players must drop back.

GOALS SCORED

In Grades K-3, CYO strongly suggests that in the spirit of sportsmanship that no player scores more than 3 goals in a game. If they do score 3 goals, we suggest they play on defense for the remainder of the game

Procedures of Notification and Inclement Weather:

Officials must contact the home team coach not less than 24 hours prior to the scheduled game, confirming the date; time, site, and opposing team. Any official who has not contacted the home team coach when inclement weather may be a factor, and goes to the site and there is no game, may not receive a fee.

The Home Team Coach will call the park or check the field 1 ½ hours before the scheduled game time. If unplayable, they will then call the visiting team and official.

If both teams and the official arrive at the site and find the field is unplayable the game should be rescheduled with both coaches agreeing on the day and time.

Games will be considered “official” if after the first half is cancelled because of bad weather, darkness, etc. If the game is called before the first half has been completed, both coaches will agree on the date /time to reschedule the game. The official receives a full fee in either situation.

Both coaches and the home team Coordinator must confirm approved reschedules with the CYO office. Reschedules/TBA (to be arranged games):

There are only three reasons permitted for a game cancellation: inclement weather, a parish religious event or loss of facility. If a scheduled game date is moved without CYO approval, both teams will receive a forfeit. Two forfeit losses will eliminate a team from playoff contention. Any officially postponed game, or TBA should be rescheduled by the coaches within 2 weeks. Notify the CYO office of the new date for the assignment of officials

If it becomes clear that an opposing coach is NOT cooperating in rescheduling a game, Coach / Coordinator MUST contact your Recreation Specialist at CYO and advise them ASAP. A forfeit may be declared to an uncooperative party.

For an APPROVED reschedule or a TBA game, BOTH COORDINATORS MUST contact the CYO office to verify the new date/time/site.

Unscheduled/TBA games must be scheduled by the required date as listed on the CYO Program Schedule/Calendar/"Dates to Remember" as posted on the CYO website.

Unscheduled Game Codes: Games Dated 1/1, 1/2 or 1/3 on your CYO schedule are TBAs

Reporting Scores

Grades 1-2 no scores are kept. Coaches do not report scores

It is the obligation of the coaches to report score to the CYO office within 72 hours of the contest. Any game score not reported within 72 hours will result in a double loss (0-0) for both teams. CYO scores can be reported on the CYO website www.cyons.org "Coaches Corner"; emailed to scores@cyons.org; or faxed to 516-433-1238 using game # which appears on your schedule. Failure to report score within 72 hours of game will be deemed a double loss (0-0)

DOUBLE LOSSES CANNOT BE APPEALED

Playoffs:

ALL Coaches MUST have attended the CYO Coaches Sanctioning Workshop, and submit a CYO Sportsmanship Ballot to qualify for CYO post season playoffs.

Playoff dates, times, and places are a direct result of the field time provided by participating parishes. CYO Playoffs Schematic is published on the CYO website www.cyons.org. Playoff schematic is only subject to change by the CYO office if a facility is lost. All parish religious events need to be identified to CYO prior to the schematic being published.

Finals overtime rules

Two 10 minute overtime both 10 minute overtime must be completed no sudden victory. If still a tie then go to shot out with the first 5 players – then second group of five until the tie is broken.

PLAYOFF QUALIFICATIONS:

3 – 8th Grade, top 4 teams in each league will qualify for playoffs

PLAYOFF DISQUALIFICATION:

Mercy Rule:

Two forfeit losses will eliminate a team from playoff contention.

The Discipline Committee will eliminate any team from the playoffs for 3 wins or more with a final game score differential that meets or exceeds 6 goals.

THESE ELIMINATIONS MAY NOT BE APPEALED!